



Lake Sunapee Region VNA & HOSPICE

## **SUPPORT GROUPS**

**Support groups are open to the public and offered at no charge.**

**Please register in advance.**

**It is also suggested you call before arriving to confirm that a particular session has not been changed or canceled.**

### **PARENT-CHILD PROGRAM**

Every Wednesday, 9:00-11:00 a.m.

September – May (runs on school year calendar)

St. Andrew's Church, 52 Gould Road, New London

### **WIDOW TO WIDOW SUPPORT GROUP**

1<sup>st</sup> Monday of the month

10:00 a.m. – 12:00 p.m.

Lake Sunapee Region VNA, 107 Newport Road, New London

### **CAREGIVER SUPPORT GROUP**

1<sup>st</sup> Thursday of the month

1:00 – 2:30 p.m.

Lake Sunapee Region VNA, 107 Newport Road, New London

### **Bereavement Support Groups \***

***“Handing the Holidays After You’ve Had a Loss”***

To be scheduled November/December 2011

***“New Hope Coffee House Bereavement Support”***

Lebanon Senior Center every Tuesday September 20-October 25

4:30-6:00 pm

[\* These programs are offered periodically each year.]

Call Meg Ames to register and for additional information.

**603-526-4077**