



Lake Sunapee Region VNA & HOSPICE

SUPPORT GROUPS

Support groups are open to the public and offered at no charge.

Please register in advance.

It is also suggested you call before arriving to confirm that a particular session has not been changed or canceled.

PARENT-CHILD PROGRAM

An interactive and supportive discussion on parenting issues facilitated by LSRVNA staff. Caring volunteers supervise pre-school children/infants while parents participate in the discussion. No drop-offs, please.

Every Wednesday, 9:00-11:00 a.m.

September – May (runs on school year calendar)

St. Andrew's Church, 52 Gould Road, New London

WIDOW-TO-WIDOW SUPPORT GROUP

A supportive environment with other women who have experienced the same loss and change in their lives. Learn more about the process of grieving, healing and embracing a new chapter in your life.

1st Monday of the month

10:00 a.m. – 12:00 p.m.

Lake Sunapee Region VNA, 107 Newport Road, New London

CAREGIVER SUPPORT GROUPS

Available upon request. Please call for more information.

BEREAVEMENT SUPPORT GROUPS

Call for current information.

Call Meg Ames to register and for additional information.

603-526-4077